

Stephanie and Patty's Friendship Story

From the Y Archives – October 2025

Stephanie met Patty when they kept showing up in the same Zumba class. At first, it was just a wave across the room. A small spark of recognition came from being in the same class together week after week. Followed by quick chats before class, sharing why they were there. Stephanie told Patty she was opening a business. Patty mentioned her background in marketing.

Those short exchanges grew into a friendship. They realized they shared not just energy for Zumba, but a vision for possibility. They began to collaborate, and before long, they were working together, combining their expertise with a dream to bring to life.

Stephanie says she wouldn't be where she is in her practice today without Patty. The Y gave them the space to connect, but it was showing up again and again that turned two classmates into friends.