

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	OPEN GYM*		OPEN GYM*		OPEN GYM*	ALL YMCA'S IN SHONOHIMISH COUNTY WILL BE CLOSED FOR THE 4TH OF JULY	
6 am	OPEN GYM*		OPEN GYM*		OPEN GYM*		
7 am	PICKLE BALL 7-9 am West Gym	OPEN GYM*	PICKLE BALL 7-8 am West Gym	OPEN GYM*	PICKLE BALL 7-9 am West Gym		
8 am			PICKLE BALL 8-9 am				
9 am	CLOSED for Senior set up	CLOSED for Senior set up	CLOSED for Senior set up	CLOSED for Senior set up	CLOSED for Senior set up		
10 am	FOREVER FIT 10-11:15 am	CHAIR YOGA 10-11:15 am	FOREVER FIT 10-11:15 am	CHAIR YOGA 10-11:15 am	FOREVER FIT 10-11:15 am		OPEN GYM*
11 am	ADULT BASKETBALL	PICKLE BALL	ADULT BASKETBALL	PICKLE BALL	ADULT BASKETBALL		OPEN GYM VOLLEYBALL 11am-1pm
Noon	11:15am-1:30pm	11:15am-1:30pm	11:15am-1:30pm	11:15am-1:30pm	11:15am-1:30pm		OPEN GYM*
1 pm							PICKLE BALL 1:30pm-3:30 pm West
2 pm							OPEN GYM*
3 pm	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	FAMILY GYM 3:30 - 5pm	
4 pm						OPEN GYM*	
5 pm	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*		
6 pm							
7 pm							
8 pm	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*		

GYMNASIUM

JUNE 29 - JULY 5

*The gym is open anytime there is no activity on the schedule.

**For the safety of youth and smaller children, Youth & Family Gym is space reserved for youth 14 and under, or families playing together.