



SESSION 7

Stanwood- Camano YMCA *AQUATICS*

SWIM OPPORTUNITIES

Group swim lessons
Private swim lessons
Barracudas swim team



REGISTER TODAY AT YMCA-SNOCO.ORG

Stanwood-Camano YMCA SWIM LESSONS

Session 7: July 6 - August 2

Priority Registration: June 7



| SWIM STARTERS (6-36 MONTHS OLD) | MON - FRI | MON/WED | TUES/THURS | FRI | SAT | SUN |
|---|-----------|--------------------|------------|---------|----------|---------|
| Stage A & B Supervising individual required in the water | | | 6:15 PM | | 9:25 AM | 4:10 PM |
| SWIM BASICS (3-5 YEARS OLD) | MON - FRI | MON/WED | TUES/THURS | FRI | SAT | SUN |
| Stage 1 | 10:40 AM | 4:30 PM 6:15 PM | 4:30 PM | 4:10 PM | 9:25 AM | 2:25 PM |
| Stage 2 | 10:40 AM | 4:30 PM 6:15 PM | 4:30 PM | 4:10 PM | 9:25 AM | 2:25 PM |
| Stage 3 | | 4:30 PM | 4:30 PM | | 9:25 AM | |
| SWIM STROKES (6-12 YEARS OLD) | MON - FRI | MON/WED | TUES/THURS | FRI | SAT | SUN |
| Stage 1 | 10:05 AM | 5:40 PM | 5:40 PM | 4:45 PM | 10 AM | 3 PM |
| Stage 2 | 10:05 AM | 5:40 PM | 5:40 PM | 4:45 PM | 10 AM | 3 PM |
| Stage 3 | 10:05 AM | 5:05 PM | 5:05 PM | 5:20 PM | 10 AM | 4:10 PM |
| Stage 4 | 10:40 AM | 5:05 PM | 5:05 PM | 5:20 PM | 10:35 AM | 3:35 PM |
| Stage 5 | 11:15 AM | 5:05 PM | 5:05 PM | 5:55 PM | 10:35 AM | 3:35 PM |
| Stage 6 (45 min) | | 5:40 PM | 5:40 PM | 5:55 PM | 10:35 AM | |
| Pre-Competitive Swimming | MON - FRI | MON/WED | TUES/THURS | FRI | SAT | SUN |
| Aquatic Conditioning (45 Min) | | 5:40 PM | 5:40 PM | | 10:35 AM | |
| TEEN & ADULT | MON - FRI | MON/WED | TUES/THURS | FRI | SAT | SUN |
| Advanced (Stages 4-6) | | | | | 10:35 AM | |
| ADAPTIVE AQUATICS | MON - FRI | MON/WED | TUES/THURS | FRI | SAT | SUN |
| Adaptive | | | | | 8:45 AM | |

GROUP LESSON PRICING

| Lesson Length | Session Days | Number of Lessons | Lesson Fee |
|-------------------|----------------------|-------------------|--------------------------|
| 30 Minute lessons | Mon - Fri | 5 | \$72.50 FM \$108.75 CM |
| 30 Minute lessons | Mon/Wed, Tues/Thurs | 8 | \$116 FM \$174 CM |
| 30 Minute lessons | Fri, Sat, Sun | 4 | \$58 FM \$87 CM |
| 30 Minute lessons | ADAPTIVE - SATURDAYS | 4 | \$32 FM \$45 CM |
| 45 Minute lessons | Mon/Wed, Tues/Thurs | 8 | \$174FM \$254 CM |
| 45 Minute lessons | Fri, Sat, Sun | 4 | \$87 FM \$127 CM |

UPCOMING SESSION 8:

Registration opens for Current Students 7/19

Registration opens for Everyone 7/22

PM Lessons:

M/W Dates: 8/3 - 8/26

T/Th Dates: 8/4 - 8/27

Fri Dates: 8/7 - 8/28

Sat Dates: 8/8 - 8/29

Summer AM Lessons:

M - F Dates: 8/3 - 8/7

M - F Dates: 8/10 - 8/14

M - F Dates: 8/17 - 8/21

M - F Dates: 8/24 - 8/28