

GYM SCHEDULE

June 1-20

MONROE/SKY VALLEY FAMILY YMCA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM FULL GYM 5-7 AM	OPEN GYM FULL GYM 5-7 AM	OPEN GYM FULL GYM 5-7 AM	OPEN GYM FULL GYM 5-7 AM	OPEN GYM FULL GYM 5-7 AM		
PICKLEBALL 7 - 11 AM	PICK-UP BASKETBALL 7 - 8 AM	PICKLEBALL 7-11 AM	PICK-UP BASKETBALL 7 - 8 AM	PICKLEBALL 7-11 AM	Check YMCA APP Calendar for Gym Availability Due to Youth Sports Games	PICKLEBALL 10 AM-NOON
	OPEN GYM FULL GYM 8 AM-9:30 AM		OPEN GYM FULL GYM 8-10:45 AM			
	ZUMBA 9:30 -10:30 AM FULL GYM					
	FOREVER FIT 10:45-11:45 AM FULL GYM		FOREVER FIT 10:45-11:45 AM FULL GYM			
	OPEN GYM FULL GYM 11:45 AM-4:45 PM	OPEN GYM FULL GYM 11 AM-4:45 PM	OPEN GYM FULL GYM 11:45 AM-4:45 PM			
OPEN GYM FULL GYM 11 AM-9 PM	BASKETBALL PRACTICES 4:45-8:15 PM	BASKETBALL PRACTICES 4:45-6:15 PM	BASKETBALL PRACTICES 4:45-8:15 PM	OPEN GYM FULL GYM 11:45 AM-4:45 PM	Check Ymca App for Gym Availability Friday Nights	OPEN GYM FULL GYM NOON -5 PM
	OPEN GYM FULL GYM 8:15-9 PM	OPEN GYM FULL GYM 6:15-9 PM	OPEN GYM FULL GYM 8:15-9 PM			

Open Gym / Family Gym any time there is not a scheduled activity, net sports not available during this time. Please allow for up to 15 minutes for set up & clean up for scheduled classes/programs.