

Darren's Y Story

Over the past 12 years Darren has helped shape policies and mobilize resources to remove barriers, expand access, and strengthen community connections as the Secretary of the Board of Trustees and member of the Executive Committee for the YMCA of Snohomish County.

Before joining the board, Darren's journey began with a simple invitation. "I attended several YMCA events with a colleague," he recalls. "Through those experiences, I began to see just how vital the YMCA is to our community."

Since then, Darren's connection to the Y has only deepened. At every trustee meeting, mission moments remind him of why this work matters. From the launch of Miracle League to stories of youth in Mock Trial programs, and the growth of early learning and overnight camps. "There has never been a moment when I wasn't deeply proud to be involved with the YMCA," he says.

Darren brings with him a rich history of service through his professional role in nonprofit healthcare, where he's championed the well-being of the most vulnerable. "That sense of purpose has always shaped my understanding of community: it's about people coming together to care for, support, and uplift one another."

When Darren moved to Everett in 2009, he was struck by the region's spirit of collaboration. He found in the Y a place where that spirit came alive, where volunteers and staff work side by side to change lives.

"Whether it's through stories shared at meetings or witnessing programs in action, it's clear to me that engaged volunteers are a cornerstone of a thriving community," he reflects.

Darren's impact on the Y is unmistakable. But just as important is the impact the Y has had on him.

"Through my volunteer experience with the Y, I gained a much broader perspective, not only about the diverse programs the Y offers, but also about how much I didn't realize the Y does to support people of all ages and backgrounds."