

# MAY 2026 Gym Schedule

## Marysville YMCA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 a.m.	Open Gym 5 a.m.—9 a.m.	Open Gym 5 a.m.—8 a.m.	Open Gym 5 a.m.—9 a.m.	Open Gym 5 a.m.—8 a.m.	Open Gym 5 a.m.—8 a.m.	Gym closed for Youth Sports 7 AM - 5 PM
6 a.m.		Open Gym/Pickleball (Half Court) 7-8 a.m.		Open Gym/Pickleball (Half Court) 7-8 a.m.	Open Gym/Pickleball (Half Court) 7-8 a.m.	
7 a.m.		Pickleball 8 a.m.—11 a.m.		Chair Yoga with Leah 9:15 a.m.—10:30 a.m.	Pickleball 8 a.m.—11 a.m.	
8 a.m.	Open Gym & AOA (50+) BBAI (Half Court) 10:30 a.m.-12 p.m.		Open Gym & AOA (50+) BBAI (Half Court) 10:30 a.m.-12 p.m.			Open Gym & AOA (50+) BBAI (Half Crt) 10:30 a.m.-12 p.m.
9 a.m.		Forever Fit with Connie 12:15-1:15 p.m.		Open Gym 12-4:30 p.m.	Forever Fit with Connie 12:15-1:15 p.m.	
10 a.m.	Open Gym 1:30-4:30 p.m.	Drop-in Beginner Pickleball (Half Court) 1:30-3:15 p.m. Families Welcome	Open Gym 1:30-4:30 p.m.		Open Gym 12-4:30 p.m.	
11 a.m.						Open Gym 1:30-4:30 p.m.
12 p.m.	Gym Closed for Tae Kwon Do 4:30-9 p.m.	Gym Closed for Youth Sports 4:30-9 p.m.	Gym Closed for Tae Kwon Do 4:30-9 p.m.	Gym Closed for Youth Sports 4:30-9 p.m.		
1 p.m.					Drop-in Volleyball (Half Court) 10:15 a.m.-12:15 p.m. Families Welcome	Drop-in Volleyball (Half Court) 12:30-3 p.m.
2 p.m.	Drop-in Volleyball (Half Court) 10:15 a.m.-12:15 p.m. Families Welcome	Drop-in Volleyball (Half Court) 12:30-3 p.m.				
3 p.m.			Drop-in Volleyball (Half Court) 10:15 a.m.-12:15 p.m. Families Welcome	Drop-in Volleyball (Half Court) 12:30-3 p.m.		
4 p.m.	Drop-in Volleyball (Half Court) 10:15 a.m.-12:15 p.m. Families Welcome	Drop-in Volleyball (Half Court) 12:30-3 p.m.				
5 p.m.			Drop-in Volleyball (Half Court) 10:15 a.m.-12:15 p.m. Families Welcome	Drop-in Volleyball (Half Court) 12:30-3 p.m.		
6 p.m.	Drop-in Volleyball (Half Court) 10:15 a.m.-12:15 p.m. Families Welcome	Drop-in Volleyball (Half Court) 12:30-3 p.m.				
7 p.m.			Drop-in Volleyball (Half Court) 10:15 a.m.-12:15 p.m. Families Welcome	Drop-in Volleyball (Half Court) 12:30-3 p.m.		

PLEASE CHECK THE YMCA SNO CO APP FOR THE MOST UP-TO-DATE INFORMATION

Open Gym is for basketball play, laps, agility training, and other workout activities that allow for multi-use by other members & does not use fixed equipment, i.e. nets or soccer goals.