



MAY 2026

EVERETT FAMILY YMCA

FAMILY CALENDAR



TRY THIS AT HOME!

The "Mountain Goat" Balance Challenge
"Goats are the masters of balance! Challenge your family to a 'Mountain Hike' at home. Use a curb, a piece of string on the carpet, or a sturdy low beam and see who can walk across it without 'falling off the mountain.' To make it harder, try it backward or with a 'kid' (your toy or a pillow) on your back!

THIS MONTH'S THEME Creatures Big & Small

This month, we're exploring animals as well as celebrating our Month of Belonging! From tiny insects to ocean giants, kids will discover that every creature, and every person, plays an important role. Join us for crafts and activities focused on kindness and inclusion.

BRANCH ACTIVITIES

Garden Buddies: Friday, May 8, 11:00am
Kids Zone Kids are joining the Senior coffee hour for a planting activity.

Family Bingo: Thursday, May 14, 6-7 pm. Join us for a few exciting games of Bingo. Fun prizes for everyone in the family!

Kids Night Out: Saturday, May 16
4:30-8:30 pm - Drop the Kids off at the Y and enjoy a night to yourselves! Dinner included. Members: \$40/NM: \$55 - Registration required.

KIDS ZONE HOURS:

MONDAY - FRIDAY:

8:30 am-12:45 pm, 3:30-7:45 pm

SATURDAY: 8 am - 1:30 pm

** 5/25, Modified hours for Memorial Day
9 am-Noon and 4-7 pm

SWING INTO SUMMER: ROOKIE T-BALL & COACH PITCH!

Bring your young ball player (ages 3-8) to the diamond for a season of home runs and high-fives! Whether it's Rookie T-Ball or Coach Pitch, your child will have a blast learning to hit, catch, and run the bases with new friends. It's all about building confidence, teamwork, and having fun. Each player gets a team hat and shirt!

