

# GYM SCHEDULE

April 1-19

MONROE/SKY VALLEY FAMILY YMCA

| MONDAY                                    | TUESDAY   | WEDNESDAY                                 | THURSDAY                          | FRIDAY                     | SATURDAY  | SUNDAY                     |
|---|---|---|-----------------------------------|----------------------------|---|----------------------------|
| OPEN GYM<br>5 AM - 7 AM                   | OPEN GYM<br>5 AM - 7 AM                             | OPEN GYM<br>5 AM - 7 AM                   | OPEN GYM<br>5 AM - 7 AM           | OPEN GYM<br>5 AM - 7 AM    | Check<br>YMCA<br>APP<br>Calendar<br>For<br>GYM<br>Availability<br>Due<br>To<br>Youth<br>Sports<br>Games | PICKLEBALL<br>10 AM - NOON |
| PICKLEBALL<br>7 AM - 11 AM                | PICK UP BASKETBALL<br>7 AM - 8 AM                   | PICKLEBALL<br>7 AM - 11 AM                | PICK UP BASKETBALL<br>7 AM - 8 AM | PICKLEBALL<br>7 AM - 11 AM |   |                            |
| Open GYM<br>11 AM - 4:30 PM               | Open GYM<br>11:45 AM - 4:30 PM                      | Open GYM<br>11 AM - 4:30 PM               | Open GYM<br>11:45 AM - 9 PM       | Open GYM<br>11 AM - 9 PM   |   | OPEN GYM<br>NOON - 5 PM    |
| VOLLEYBALL PRACTICES<br>4:30 PM - 8:15 PM | VOLLEYBALL PRACTICES<br>4:30 PM - 6:45 PM<br>Side 1 | VOLLEYBALL PRACTICES<br>4:30 PM - 8:15 PM | 11:45 AM - 9 PM                   |                            |   |                            |
| OPEN GYM<br>8:15 PM - 9 PM                | OPEN GYM<br>6:45 PM - 9 PM                          | OPEN GYM<br>8:15 PM - 9 PM                |                                   |                            |   |                            |

Open Gym / Family Gym any time there is not a scheduled activity, net sports not available during this time. Please allow for up to 15 minutes for set up & clean up for scheduled classes/programs.