



# EVERETT FAMILY YMCA POOL SCHEDULE

EFFECTIVE FEBRUARY 2-MARCH 1, 2026

## Lap Pool - limited lane space available during Swim Lessons and Swim Team

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	LAP SWIM 5:15 am-2:15 pm (4-6 lanes 6-7:30am for pool cleaning)	LAP SWIM 5:15 am-2 pm (4-6 lanes 6-7:30am for pool cleaning)	LAP SWIM 5:15 am-2:15 pm	LAP SWIM 5:15 am-2 pm	LAP SWIM 5:15 am-2:15 pm	LAP SWIM 7:15am-1:30pm (2-3 lanes)	*Rec Swim - Only the main body of the Rec Pool will be open
6 am						SWIM TEAM 7:15-8:45am (3 lanes)	
7 am				DEEP WATER FITNESS 7:45-8:30 am (3 lanes)			
8 am					DEEP WATER FITNESS 7:45-8:30 am (3 lanes)		
9 am						SWIM LESSONS 9am-1:30pm (2-4 lanes)	
10 am							
11 am							
Noon							
1 pm							
2 pm	EPS HIGH SCHOOL SWIM TEAM 2:15-4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2-4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2:15-4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2-4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2-4:15pm (no lap lanes available)	LAP SWIM 1:30-4:45 pm (6 lanes)	LAP SWIM 1:30-4:45 pm (6 lanes)
3 pm	LAP SWIM 4-6pm (1-2 lanes)	LAP SWIM 4-6pm (1-4 lanes)	LAP SWIM 4-7:30pm (1-2 lanes)	LAP SWIM 4-7:30pm (2-3 lanes)	LAP SWIM 4-5pm (2-4 lanes)	LAP SWIM 4:15-5pm (6 lanes)	LAP SWIM 1:30-4:45 pm (6 lanes)
4 pm	SWIM LESSONS 4-7:30pm (2-3 lanes)	SWIM LESSONS 4-7:30pm (2-3 lanes)	SWIM LESSONS 4-7:30pm (2-3 lanes)	SWIM LESSONS 4-7:30pm (2-3 lanes)	SWIM LESSONS 4-7:30pm (2-3 lanes)	SWIM TEAM 4:45pm - 6:30pm (3 lanes)	
5 pm	SWIM TEAM 5-7:30pm (2-3 lanes)	SWIM TEAM 5-7:30pm (2-3 lanes)	SWIM TEAM 5-7:30pm (2-3 lanes)	SWIM TEAM 5-7:30pm (3-4 lanes)	SWIM TEAM 5-7:30pm (3-4 lanes)	LAP SWIM 6:30-8:45pm (3 lanes, 6 lanes at 7:30pm)	
6 pm	LAP SWIM 7-8:45pm (3-6 lanes)	LAP SWIM 6:45-8:45pm (1-3 lanes)	LAP SWIM 7-8:45pm (1-4 lanes)	LAP SWIM 7-8:45pm (3-4 lanes)	LAP SWIM 7-8:45pm (3-4 lanes)		
7 pm							Our pools (Rec, River, Beach and Lap) will be closed Sunday, February 15th at 3pm - Monday February 16 for maintenance. Spa, Sauna and Steam Room will be open during this time.
8 pm							We will reopen for normal operations Tuesday, February 17.

## Recreation Pool - Wristbands needed from Welcome Center for Open Swim, see below

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	ADULT/FAMILY SWIM 5:15-7:45 am	ADULT/FAMILY SWIM 5:15-9:30 am	ADULT/FAMILY SWIM 5:15-7:45 am	ADULT/FAMILY SWIM 5:15-9:30 am	ADULT/FAMILY SWIM 5:15-7:45 am	REC SWIM* 7:15-8:45am Wristband required	*Rec Swim - Only the main body of the Rec Pool will be open
6 am						SWIM LESSONS 9am-12:45pm	
7 am							
8 am	WATER FITNESS 7:45-8:30 am		WATER FITNESS 7:45-8:30 am		WATER FITNESS 7:45-8:30 am		**Open Swim - All features and areas (river, beach) of the Rec Pool will be open and available
9 am	REC SWIM* 8:30-9:30am		REC SWIM* 8:30-9:30am		REC SWIM* 8:30-9:30am		
10 am	REC SWIM* 9:45am-12:15pm Wristband required	SWIM LESSONS 9:45-11:30am	REC SWIM* 9:45-11:30am Wristband required	SWIM LESSONS 9:45-10:30am	REC SWIM* 9:45-11:30am Wristband required	OPEN SWIM** 10:15 - 11:45 am Wristband required	
11 am		WATER FITNESS 11:15 am-Noon				OPEN SWIM** 12:45-2 pm Wristband required	
Noon						OPEN SWIM** 2:15-3:30 pm Wristband required	
1 pm	SPLASH SWIM (pool closed) 12:30-1:30pm	SPLASH SWIM (pool closed) 12:30-1:30pm	SPLASH SWIM (pool closed) 12:30-1:30pm	SPLASH SWIM (pool closed) 12:30-1:30pm		OPEN SWIM** 3:45-4:45 pm Wristband required	
2 pm	REC SWIM* 1:45-2:45 pm	REC SWIM* 1:45-2:45 pm	REC SWIM* 1:45-2:45 pm	REC SWIM* 1:45-2:45 pm		OPEN SWIM** 3:30-4:45 pm Wristband required	
3 pm	REC SWIM* - 3-4 pm Wristband required	REC SWIM* - 3-4 pm Wristband required	REC SWIM* - 3-4 pm Wristband required	REC SWIM* - 3-4 pm Wristband required			
4 pm	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS			
5 pm	4-7 pm	4-7 pm	4-7 pm	4-7 pm			
6 pm							
7 pm	OPEN SWIM** 7-8:45pm Wristband required	OPEN SWIM** 7-8:45pm Wristband required	OPEN SWIM** 7-8:45pm Wristband required	OPEN SWIM** 7-8:45pm Wristband required			
8 pm							

Open/Rec Swims require a wristband from the Welcome Center and will be available an hour prior to the swim session until we reach capacity on a first come, first served basis (non-school times may impact daytime open swims). Priority for Lane 6 for individuals that need to use the stairs or lift to enter and exit the pool. Swim Lessons and Swim Team require registration. Please note open swim times and availability on the schedule, the pool is periodically closed for routine cleaning (black unlabeled blocks).



# EVERETT FAMILY YMCA

# POOL SCHEDULE

EFFECTIVE JANUARY 5-FEBRUARY 1, 2026

## The River

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am		
6 am							
7 am							
8 am							
9 am							
10 am	RIVER WALKING 9:45am - 12:15 pm (wristband required)	RIVER WALKING 9:45 am - 12:30 pm (wristband required)	RIVER WALKING 9:45am - 12:15 pm (wristband required)	RIVER WALKING 9:45 am - 12:30 pm (wristband required)	RIVER WALKING 9:45 - 11:30 am (wristband required)	RIVER WALKING 9 am - 12:15 pm (wristband required)	OPEN SWIM** 10:15 - 11:45 am (wristband required)
11 am							OPEN SWIM** Noon-1:30 pm (wristband required)
Noon							
1 pm	RIVER WALKING 1:45-2:45pm (wristband required)	RIVER WALKING 1:45-2:45pm (wristband required)	RIVER WALKING 1:45-2:45pm (wristband required)	RIVER WALKING 1:45-2:45pm (wristband required)	OPEN SWIM** Noon-2:30 pm (wristband required)	OPEN SWIM** 12:45-2 pm (wristband required)	OPEN SWIM** 1:45-3:15 pm (wristband required)
2 pm							
3 pm	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	OPEN SWIM** 2:45-4:45 pm (wristband required)	OPEN SWIM** 2:15-3:30 pm (wristband required)	OPEN SWIM** 3:45-4:45 pm (wristband required)
4 pm	RIVER WALKING	RIVER WALKING	RIVER WALKING	RIVER WALKING			
5 pm	4:15 - 6:45 pm (wristband required)	4:15 - 6:45 pm (wristband required)	4:15 - 6:45 pm (wristband required)	4:15 - 6:45 pm (wristband required)	OPEN SWIM** 5-6:45 pm (wristband required)		
6 pm							
7 pm	OPEN SWIM** 7-8:45pm (wristband required)	OPEN SWIM** 7-8:45pm (wristband required)	OPEN SWIM** 7-8:45pm (wristband required)	OPEN SWIM** 7-8:45pm (wristband required)	OPEN SWIM** 7-8:45pm (wristband required)		
8 pm							

## The Beach

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5 am							
6 am							
7 am							
8 am							
9 am							
10 am							
11 am		PRESCHOOL BEACH SWIM 11 am - 12:30 pm		PRESCHOOL BEACH SWIM 11 am - 12:30 pm		OPEN SWIM** Noon-2:30 pm (wristband required)	OPEN SWIM** 10:15 - 11:45 am (wristband required)
Noon							OPEN SWIM** Noon-1:30 pm (wristband required)
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							
7 pm	OPEN SWIM** 7-8:45pm (wristband required)						
8 pm							

Open/Rec Swims require a wristband from the Welcome Center and will be available an hour prior to the swim session until we reach capacity on a first come, first served basis (*non-school times may impact daytime open swims*). Priority for Lane 6 for individuals that need to use the stairs or lift to enter and exit the pool. Swim Lessons and Swim Team require registration. Please note open swim times and availability on the schedule, the pool is periodically closed for routine cleaning (black unlabeled blocks).