



# EVERETT FAMILY YMCA POOL SCHEDULE

EFFECTIVE JANUARY 5-FEBRUARY 1, 2026

## Lap Pool - limited lane space available during Swim Lessons and Swim Team

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	LAP SWIM 5:15 am-2:15 pm	LAP SWIM 5:15 am-2 pm	LAP SWIM 5:15 am-2:15 pm	LAP SWIM 5:15 am-2 pm	LAP SWIM 5:15 am-2:15 pm		*Rec Swim - Only the main body of the Rec Pool will be open
6 am	(4-6 lanes 6-7:30am for pool cleaning)	(4-6 lanes 6-7:30am for pool cleaning)					
7 am		DEEP WATER FITNESS 7:45-8:30 am (3 lanes)		DEEP WATER FITNESS 7:45-8:30 am (3 lanes)			
8 am							**Open Swim - All features and areas (river, beach) of the Rec Pool will be open and available
9 am							
10 am							
11 am							
Noon							
1 pm							
2 pm	EPS HIGH SCHOOL SWIM TEAM 2:15-4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2-4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2:15-4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2-4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2-4:15pm (no lap lanes available)		
3 pm	LAP SWIM 4-6pm (1-2 lanes) SWIM LESSONS 4-7:30pm (2-3 lanes) SWIM TEAM 5-7:30pm (2-3 lanes)	LAP SWIM 4-7:30pm (1-2 lanes) SWIM LESSONS 4-7:30pm (2-3 lanes) SWIM TEAM 5-7:30pm (2-3 lanes)	LAP SWIM 4-7:30pm (1-2 lanes) SWIM LESSONS 4-7:30pm (2-3 lanes) SWIM TEAM 5-7:30pm (2-3 lanes)	LAP SWIM 4-7:30pm (1-2 lanes) SWIM LESSONS 4-7:30pm (2-3 lanes) SWIM TEAM 5-7:30pm (2-3 lanes)	LAP SWIM 4:15-5pm (6 lanes) SWIM TEAM 5-7:30pm (3 lanes)		
4 pm	LAP SWIM 7-8:45pm (3-6 lanes)	LAP SWIM 7-8:45pm (1-4 lanes)	LAP SWIM 7-8:45pm (1-4 lanes)	LAP SWIM 7-8:45pm (1-4 lanes)	LAP SWIM 6:30-8:45pm (3 lanes, 6 lanes at 7:30pm)		
5 pm							
6 pm							
7 pm							
8 pm							

On Saturday, January 31, the Everett YMCA will be hosting a Swim Team event. There will be 1 Lap Lane available from 7-9am. There will be no lap lanes available from 9-9:30am.

## Recreation Pool - Wristbands needed from Welcome Center for Open Swim, see below

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	ADULT/FAMILY SWIM 5:15-7:45 am	ADULT/FAMILY SWIM 5:15-9:30 am	ADULT/FAMILY SWIM 5:15-7:45 am	ADULT/FAMILY SWIM 5:15-9:30 am	ADULT/FAMILY SWIM 5:15-7:45 am		*Rec Swim - Only the main body of the Rec Pool will be open
6 am							
7 am							
8 am	WATER FITNESS 7:45-8:30 am		WATER FITNESS 7:45-8:30 am		WATER FITNESS 7:45-8:30 am		**Open Swim - All features and areas (river, beach) of the Rec Pool will be open and available
9 am	REC SWIM* 8:30-9:30am		REC SWIM* 8:30-9:30am		REC SWIM* 8:30-9:30am		
10 am	REC SWIM* 9:45am-12:15pm Wristband required	REC SWIM* 9:45-11:15am Wristband required	REC SWIM* 9:45am-12:15pm Wristband required	REC SWIM* 9:45-11:15am Wristband required	REC SWIM* 9:45-11:30am Wristband required		
11 am		WATER FITNESS 11:15 am-Noon		WATER FITNESS 11:15 am-Noon			
Noon							
1 pm	SPLASH SWIM (pool closed) 12:30-1:30pm	SPLASH SWIM (pool closed) 12:30-1:30pm	SPLASH SWIM (pool closed) 12:30-1:30pm	SPLASH SWIM (pool closed) 12:30-1:30pm	OPEN SWIM** Noon-2:30pm Wristband required		
2 pm	REC SWIM* 1:45-2:45 pm	REC SWIM* 1:45-2:45 pm	REC SWIM* 1:45-2:45 pm	REC SWIM* 1:45-2:45 pm	OPEN SWIM** 2:45-4:45 pm Wristband required		
3 pm	REC SWIM* - 3-4 pm Wristband required	REC SWIM* - 3-4 pm Wristband required	REC SWIM* - 3-4 pm Wristband required	REC SWIM* - 3-4 pm Wristband required	OPEN SWIM** 3:45-4:45 pm Wristband required		
4 pm	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	OPEN SWIM** 5-6:45 pm Wristband required		
5 pm	4-7 pm	4-7 pm	4-7 pm	4-7 pm	OPEN SWIM** 7-8:45pm Wristband required		
6 pm							
7 pm	OPEN SWIM** 7-8:45pm Wristband required	OPEN SWIM** 7-8:45pm Wristband required	OPEN SWIM** 7-8:45pm Wristband required	OPEN SWIM** 7-8:45pm Wristband required	OPEN SWIM** 7-8:45pm Wristband required		
8 pm							

Open/Rec Swims require a wristband from the Welcome Center and will be available an hour prior to the swim session until we reach capacity on a first come, first served basis (non-school times may impact daytime open swims). Priority for Lane 6 for individuals that need to use the stairs or lift to enter and exit the pool. Swim Lessons and Swim Team require registration. Please note open swim times and availability on the schedule, the pool is periodically closed for routine cleaning (black unlabeled blocks).



# EVERETT FAMILY YMCA

# POOL SCHEDULE

EFFECTIVE JANUARY 5-FEBRUARY 1, 2026

## The River

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am		
6 am							
7 am						RIVER WALKING 7:15 - 8:45 am	
8 am							
9 am						RIVER WALKING 9 am - 12:15 pm	
10 am	RIVER WALKING 9:45am - 12:15 pm (wristband required)	RIVER WALKING 9:45 am - 12:30 pm (wristband required)	RIVER WALKING 9:45am - 12:15 pm (wristband required)	RIVER WALKING 9:45 am - 12:30 pm (wristband required)	RIVER WALKING 9:45 - 11:30 am (wristband required)		OPEN SWIM** 10:15 - 11:45 am (wristband required)
11 am							OPEN SWIM** Noon-1:30 pm (wristband required)
Noon							
1 pm	RIVER WALKING 1:45-2:45pm (wristband required)	RIVER WALKING 1:45-2:45pm (wristband required)	RIVER WALKING 1:45-2:45pm (wristband required)	RIVER WALKING 1:45-2:45pm (wristband required)	OPEN SWIM** Noon-2:30 pm (wristband required)	OPEN SWIM** 12:45-2 pm (wristband required)	
2 pm							OPEN SWIM** 2:15-3:30 pm (wristband required)
3 pm	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	OPEN SWIM** 2:45-4:45 pm (wristband required)	OPEN SWIM** 3:45-4:45 pm (wristband required)	
4 pm	RIVER WALKING	RIVER WALKING	RIVER WALKING	RIVER WALKING			OPEN SWIM** 3:30-4:45 pm (wristband required)
5 pm	4:15 - 6:45 pm (wristband required)	4:15 - 6:45 pm (wristband required)	4:15 - 6:45 pm (wristband required)	4:15 - 6:45 pm (wristband required)	OPEN SWIM** 5-6:45 pm (wristband required)		
6 pm							
7 pm	OPEN SWIM** 7-8:45pm (wristband required)	OPEN SWIM** 7-8:45pm (wristband required)	OPEN SWIM** 7-8:45pm (wristband required)	OPEN SWIM** 7-8:45pm (wristband required)	OPEN SWIM** 7-8:45pm (wristband required)		
8 pm							

## The Beach

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5 am							*Rec Swim - Only the main body of the Rec Pool will be open
6 am							
7 am							
8 am							
9 am							
10 am							
11 am		PRESCHOOL BEACH SWIM 11 am - 12:30 pm		PRESCHOOL BEACH SWIM 11 am - 12:30 pm		OPEN SWIM** Noon-2:30 pm (wristband required)	
Noon							OPEN SWIM** Noon-1:30 pm (wristband required)
1 pm							OPEN SWIM** 1:45-3:15 pm (wristband required)
2 pm							OPEN SWIM** 2:15-3:30 pm (wristband required)
3 pm							OPEN SWIM** 3:45-4:45 pm (wristband required)
4 pm							
5 pm							
6 pm							
7 pm	OPEN SWIM** 7-8:45pm (wristband required)						
8 pm							

Open/Rec Swims require a wristband from the Welcome Center and will be available an hour prior to the swim session until we reach capacity on a first come, first served basis (*non-school times may impact daytime open swims*). Priority for Lane 6 for individuals that need to use the stairs or lift to enter and exit the pool. Swim Lessons and Swim Team require registration. Please note open swim times and availability on the schedule, the pool is periodically closed for routine cleaning (black unlabeled blocks).