## DECEMBER 2025 GYM SCHEDULE MARYSVILLE YMCA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 a.m.						
6 a.m.		Open Gym 5 a.m.—8 a.m.		Open Gym 5 a.m.—8 a.m.	Open Gym 5 a.m.—8 a.m.	
	Open Gym		Open Gym			
7 a.m.	5 a.m.—9 a.m.	Open Gym/Pickleball (Half Court) 7-8 a.m.	5 a.m.—9 a.m.	Open Gym/Pickleball (Half Court) 7-8 a.m.	Open Gym/ Pickleball (Half Court) 7-8 a.m.	Open Eym
8 a.m.					District all	Open Gym 7:00– 8:30am
9 a.m.	Chair Yoga with Leah 9:15 a.m.—10:30	Pickleball 8 a.m.—11 a.m.	Chair Yoga with Leah 9:15 a.m.—10:30 a.m.	Pickleball 8 a.m.—11 a.m.	Pickleball 8 a.m.—10:15 a.m.	
10 a.m.	a.m.					
11 a.m.	Open Gym & AOA (50+) BBall (Half Court) 10:30 a.m12 p.m.	Open Gym/Pickleball (Half Court) 11 a.m12 p.m.	Open Gym & AOA (50+) BBall (Half Court) 10:30 a.m12 p.m.	Open Gym/Pickleball (Half Court) 11 a.m12 p.m.	Open Gym & AOA (50+) BBall (Half Crt) 10:30 a.m12 p.m.	Gym Closed 8:30–5pm
12 p.m.	Forever Fit with Connie		Forever Fit with Connie		Forever Fit with Connie	
1 p.m.	12:15-1:15 p.m.		12:15-1:15 p.m.		12:15-1:15 p.m.	
	Open Gym		Open Gym			SUNDAY
2 p.m.	1:30-4:30 p.m.	Open Gym	1:30-4:30 p.m.	Open Gym		Onon Eym
3 p.m.	Drop-in Beginner Pickleball	12-4:30 p.m.	Drop-in Beginner Pickleball	12-4:30 p.m.	Open Gym	Open Gym 10 a.m.—5 p.m.
	(Half Court)		(Half Court)			Drop-in Beginner Pickleball
4 p.m.	1:30-3:15 p.m. Families Welcome		1:30-3:15 p.m. Families Welcome			(Half Court)
_	Tammes welcome		Tailinies Weicome			10:15 a.m 12:15 p.m.
5 p.m.						Families Welcome
6 p.m.	Gym Closed for Tae Kwon Do	Gym Closed for Youth Sports	Gym Closed for Tae Kwon Do	Gym Closed for Youth Sports	Gym Closed for Youth Sports	Drop-in Volleyball
7 p.m.	4:30-9 p.m.	4:30-9 p.m.	4:30-9 p.m.	4:30-9 p.m.	4:30-9:00 p.m.	(Half Court) 12:30-3 p.m.

## PLEASE CHECK THE YMCA SNO CO APP FOR THE MOST UP-TO-DATE INFORMATION

Open Gym is for basketball play, laps, agility training, and other workout activities that allow for multi-use by other members & does not use fixed equipment, i.e. nets or soccer goals.