



SESSION 11

Stanwood-Camano *AQUATICS*

SWIM OPPORTUNITIES

Group swim lessons

Private swim lessons

Barracudas swim team

Stingrays adaptive swim team



REGISTER TODAY AT YMCA-SNOCO.ORG

Stanwood-Camano Ymca Swim Lessons

Session 11: Nov 3 – Nov 26; Priority Registration: Oct. 19 General: Oct. 22



SWIM STARTERS (6-36 MONTHS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage A & B Supervising individual required in the water	6:05 PM	4:30 PM		9:25 AM	4:10 PM
SWIM BASICS (3-5 YEARS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage 1	11 AM 6:05 PM	5:05 PM	4 PM	9:25 AM	2:25 PM
Stage 2	11:30 AM 6:05 PM	5:05 PM	4 PM	9:25 AM	2:25 PM
Stage 3		5:05 PM		9:25 AM	
Stage 4		5:05 PM			
SWIM STROKES (6-12 YEARS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage 1	4:55 PM	5:40 PM	9:30AM 5:10 PM	10 AM	3 PM
Stage 2	4:55 PM	5:40 PM	9:30 AM 5:10 PM	10 AM	3 PM
Stage 3	5:30 PM	5:40 PM	9 AM 5:45 PM	10 AM	4:10 PM
Stage 4	5:30 PM	4:30 PM	4:35 PM	10:35 AM	3:35 PM
Stage 5	5:30 PM	4:30 PM	4:35 PM	10:35 AM	3:35 PM
Stage 6 (45 min)	6 PM	4:40 PM	5:10 PM	10:35 AM	3 PM
TEEN & ADULT	MON/WED	TUES/THURS	FRI	SAT	SUN
Advanced (Stages 4-6)				10:35 AM	
Pre-Competitive Swimming	MON/WED	TUES/THURS	FRI	SAT	SUN
Aquatic Conditioning (45 Min)	6 PM	4:40 PM		10:35 AM	
ADAPTIVE AQUATICS	MON/WED	TUES/THURS	FRI	SAT	SUN
Adaptive				8:45 AM	

GROUP LESSON PRICING

Lesson Length	Session Days	Number of Lessons	Lesson Fee
30 Minute lessons	Mon/Wed	8	\$112 FM \$170 CM
30 Minute Lessons	Tues/Thurs (No class 11/11 & 11/27)	6	\$84 FM \$127.50 CM
30 Minute lessons	Fri, Sat, Sun (No class 11/28, 11/29, & 11/30)	3	\$42 FM \$63.75 CM
30 Minute lessons	ADAPTIVE - SATURDAYS	3	\$24 FM \$33.75 CM
45 Minute lessons	Mon/Wed	8	\$170FM \$250 CM
45 Minute lessons	Tues/Thurs (No class 11/11 & 11/27)	6	\$127.50 FM \$187.50 CM
45 Minute lessons	Sat (No class 11/29)	3	\$63.75 FM \$93.75 CM

UPCOMING SESSIONS: Session 12

Registration opens for Current Students: 11/16

Registration opens for Everyone: 11/19

Session 12 M/W Lesson Dates: 12/1 – 12/17 (No Lessons

Session 12 T/Th Lesson Dates: 11/4– 11/25

Session 12 Fri Lesson Dates: 11/7 – 11/21

Session 12 Sat Lesson Dates: 11/8 – 11/22

Session 12 Sun Lesson Dates: 11/9 – 11/23