



# EVERETT FAMILY YMCA POOL SCHEDULE

EFFECTIVE SEPTEMBER 22-OCTOBER 19, 2025

## Lap Pool – limited lane space available during Swim Lessons and Swim Team

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	LAP SWIM 5:15 am–2:30 pm	LAP SWIM 5:15 am–2:30 pm	LAP SWIM 5:15 am–2:30 pm	LAP SWIM 5:15 am–2:30 pm	LAP SWIM 5:15 am–2:30 pm		*Rec Swim – Only the main body of the Rec Pool will be open
6 am							
7 am						LAP SWIM 7:15am–1pm (2–6 lanes)	**Open Swim – All features and areas (river, beach) of the Rec Pool will be open and available
8 am		DEEP WATER FITNESS 7:45–8:30 am (2–3 lanes)		DEEP WATER FITNESS 7:45–8:30 am (2–3 lanes)			
9 am							
10 am						SWIM LESSONS 9am–1:30pm (3–4 lanes)	LAP SWIM 10:15 am–1:30 pm (3 lanes)
11 am							SWIM LESSONS 10:15am–1:30pm (3 lanes)
Noon							
1 pm							
2 pm						LAP SWIM 1:30–4:45 pm (6 lanes)	LAP SWIM 1:30 –4:45 pm (6 lanes)
3 pm	EPS HIGH SCHOOL SWIM TEAM 2:30–4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2–4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2:30–4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2–4:15pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2:30–4:15pm (no lap lanes available)		
4 pm	LAP SWIM 4–6pm (1–2 lanes)	LAP SWIM 4–7:30pm (1–2 lanes)	LAP SWIM 4–7:30pm (1–2 lanes)	LAP SWIM 4–7:30pm (1–2 lanes)	LAP SWIM 4–7:30pm (1–2 lanes)		
5 pm	SWIM LESSONS 4–7:30pm (2–3 lanes)	SWIM LESSONS 4–7:30pm (2–3 lanes)	SWIM LESSONS 4–7:30pm (2–3 lanes)	SWIM LESSONS 4–7:30pm (2–3 lanes)	SWIM LESSONS 4–7:30pm (2–3 lanes)		
6 pm	SWIM TEAM 6–7:30pm (2–3 lanes)	SWIM TEAM 6–7:30pm (2–3 lanes)	SWIM TEAM 6–7:30pm (2–3 lanes)	SWIM TEAM 6–7:30pm (2–3 lanes)	SWIM TEAM 6–7:30pm (2–3 lanes)		
7 pm	LAP SWIM 7–8:45pm (3–6 lanes)	LAP SWIM 7–8:45pm (1–4 lanes)	MASTERS SWIM 7:30–8:30pm (3 lanes) Starts 10/1	LAP SWIM 7–8:45pm (1–4 lanes)	MASTERS SWIM 7:30–8:30pm (3 lanes)		
8 pm							

IMPORTANT! On Sunday, September 28, the Everett YMCA will be hosting a Swim Meet. We will have a SEPARATE pool schedule with very limited access for this day only.

## Recreation Pool – Wristbands needed from Welcome Center for Open Swim, see below

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	ADULT/FAMILY SWIM 5:15–7:45 am	ADULT/FAMILY SWIM 5:15–9:30 am	ADULT/FAMILY SWIM 5:15–7:45 am	ADULT/FAMILY SWIM 5:15–9:30 am	ADULT/FAMILY SWIM 5:15–7:45 am		*Rec Swim – Only the main body of the Rec Pool will be open
6 am							
7 am							
8 am	WATER FITNESS 7:45–8:45 am		WATER FITNESS 7:45–8:45 am		WATER FITNESS 7:45–8:45 am	REC SWIM* 7:15–8:45am	**Open Swim – All features and areas (river, beach) of the Rec Pool will be open and available
9 am	REC SWIM* 8:45–9:30am		REC SWIM* 8:45–9:30am		REC SWIM* 8:45–9:30am		
10 am	REC SWIM* 9:45am–12:15pm	REC SWIM* 9:45–11:15am	REC SWIM* 9:45am–12:15pm	REC SWIM* 9:45–11:15am	REC SWIM* 9:45–11:30am	SWIM LESSONS 9am–12:45pm	OPEN SWIM** 10:15 – 11:45 am
11 am	SWIM LESSONS 9:45am–12:15pm	WATER FITNESS 11:15 am–12:15 pm	SWIM LESSONS 9:45am–12:15pm	WATER FITNESS 11:15 am–12:15 pm			
Noon							
1 pm	SPLASH SWIM (pool closed) 12:30–1:30pm	SPLASH SWIM (pool closed) 12:30–1:30pm	SPLASH SWIM (pool closed) 12:30–1:30pm	SPLASH SWIM (pool closed) 12:30–1:30pm	OPEN SWIM** Noon–2:30pm	OPEN SWIM** 12:45–2 pm	OPEN SWIM** Noon–1:30 pm
2 pm	REC SWIM* 1:45–2:45 pm	REC SWIM* 1:45–2:45 pm	REC SWIM* 1:45–2:45 pm	REC SWIM* 1:45–2:45 pm	OPEN SWIM**	OPEN SWIM** 2:15–3:30 pm	OPEN SWIM** 1:45–3:15 pm
3 pm	REC SWIM* 3–4 pm	REC SWIM* 3–4 pm	REC SWIM* 3–4 pm	REC SWIM* 3–4 pm	OPEN SWIM** 2:45–4:45 pm	OPEN SWIM** 3:45–4:45 pm	OPEN SWIM** 3:30–4:45 pm
4 pm	SWIM LESSONS 4–7 pm	SWIM LESSONS 4–7 pm	SWIM LESSONS 4–7 pm	SWIM LESSONS 4–7 pm			
5 pm							
6 pm					OPEN SWIM** 5–6:45 pm		
7 pm	OPEN SWIM** 7–8:45pm	OPEN SWIM** 7–8:45pm	OPEN SWIM** 7–8:45pm	OPEN SWIM** 7–8:45pm	OPEN SWIM** 7–8:45pm		
8 pm							

Open/Rec Swims require a wristband from the Welcome Center and will be available an hour prior to the swim session until we reach capacity on a first come, first served basis (*non-school times may impact daytime open swims*). Priority for Lane 6 for individuals that need to use the stairs or lift to enter and exit the pool. Swim Lessons and Swim Team require registration. Please note open swim times and availability on the schedule, the pool is periodically closed for routine cleaning (black unlabeled blocks).



# EVERETT FAMILY YMCA POOL SCHEDULE

EFFECTIVE SEPTEMBER 22-OCTOBER 19, 2025

## The River

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5 am	RIVER WALKING 5:15 – 9:30 am	RIVER WALKING 5:15 – 9:30 am	RIVER WALKING 5:15 – 9:30 am	RIVER WALKING 5:15 – 9:30 am	RIVER WALKING 5:15 – 9:30 am	RIVER WALKING 7:15 – 8:45 am	*Rec Swim – Only the main body of the Rec Pool will be open		
6 am									
7 am									
8 am									
9 am	RIVER WALKING 9:45am – 12:15 pm (wristband required)	RIVER WALKING 9:45 am – 12:30 pm	RIVER WALKING 9:45am – 12:15 pm (wristband required)	RIVER WALKING 9:45 am – 12:30 pm	RIVER WALKING 9:45 – 11:30 am (wristband required)	RIVER WALKING 9 am – 12:15 pm (wristband required)	OPEN SWIM** 10:15 – 11:45 am		
10 am									
11 am									
Noon	RIVER WALKING 1:45–2:45pm (wristband required)	RIVER WALKING 1:45–2:45pm (wristband required)	RIVER WALKING 1:45–2:45pm (wristband required)	RIVER WALKING 1:45–2:45pm (wristband required)	OPEN SWIM** Noon–2:30 pm	OPEN SWIM** 12:45–2 pm	OPEN SWIM** Noon–1:30 pm		
1 pm									
2 pm					OPEN SWIM** 2:45–4:45 pm	OPEN SWIM** 2:15–3:30 pm	OPEN SWIM** 1:45–3:15 pm		
3 pm									
4 pm	RIVER WALKING 3–4pm (wristband required)	RIVER WALKING 3–4pm (wristband required)	RIVER WALKING 3–4pm (wristband required)	RIVER WALKING 3–4pm (wristband required)		OPEN SWIM** 3:45–4:45 pm	OPEN SWIM** 3:30–4:45 pm		
5 pm	RIVER WALKING 4:15 – 6:45 pm (wristband required)	RIVER WALKING 4:15 – 6:45 pm (wristband required)	RIVER WALKING 4:15 – 6:45 pm (wristband required)	RIVER WALKING 4:15 – 6:45 pm (wristband required)	OPEN SWIM** 5–6:45 pm	IMPORTANT! On Sunday, September 28, the Everett YMCA will be hosting a Swim Meet. We will have a SEPARATE pool schedule with very limited access for this day only.			
6 pm									
7 pm	OPEN SWIM** 7–8:45pm	OPEN SWIM** 7–8:45pm	OPEN SWIM** 7–8:45pm	OPEN SWIM** 7–8:45pm	OPEN SWIM** 7–8:45pm				
8 pm									

## The Beach

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am							*Rec Swim - Only the main body of the Rec Pool will be open
6 am							*Open Swim - All features and areas (river, beach) of the Rec Pool will be open and available
7 am							
8 am							
9 am							
10 am							OPEN SWIM** 10:15 - 11:45 am
11 am		PRESCHOOL BEACH SWIM 11 am - 12:30 pm		PRESCHOOL BEACH SWIM 11 am - 12:30 pm			OPEN SWIM** Noon-1:30 pm
Noon					OPEN SWIM** Noon-2:30 pm	OPEN SWIM** 12:45-2 pm	
1 pm					OPEN SWIM** 2:45-4:45 pm	OPEN SWIM** 2:15-3:30 pm	OPEN SWIM** 1:45-3:15 pm
2 pm							
3 pm					OPEN SWIM** 2:45-4:45 pm	OPEN SWIM** 3:45-4:45 pm	OPEN SWIM** 3:30-4:45 pm
4 pm							
5 pm					OPEN SWIM** 5-6:45 pm	IMPORTANT! On Sunday, September 28, the Everett YMCA will be hosting a Swim Meet. We will have a SEPARATE pool schedule with very limited access for this day only.	
6 pm							
7 pm	OPEN SWIM** 7-8:45pm	OPEN SWIM** 7-8:45pm	OPEN SWIM** 7-8:45pm	OPEN SWIM** 7-8:45pm	OPEN SWIM** 7-8:45pm		
8 pm							

Open/Rec Swims require a wristband from the Welcome Center and will be available an hour prior to the swim session until we reach capacity on a first come, first served basis (*non-school times may impact daytime open swims*). Priority for Lane 6 for individuals that need to use the stairs or lift to enter and exit the pool. Swim Lessons and Swim Team require registration. Please note open swim times and availability on the schedule, the pool is periodically closed for routine cleaning (black unlabeled blocks).