



SESSION 10

# Stanwood-Camano YMCA *AQUATICS*

## SWIM OPPORTUNITIES

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Group swim lessons

Private swim lessons

Barracudas swim team

Stingrays adaptive swim team

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REGISTER TODAY AT [YMCA-SNOCO.ORG](https://YMCA-SNOCO.ORG)

# Stanwood-Camano YMCA SWIM LESSONS

Session 10: Oct. 6 – Nov. 2

Priority Registration: Sep. 21

General: Sep. 24



SWIM STARTERS (6-36 MONTHS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage A & B Supervising individual required in the water	6:05 PM	4:30 PM		9:25 AM	4:10 PM
SWIM BASICS (3-5 YEARS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage 1	6:05 PM	5:05 PM	4 PM	9:25 AM	2:25 PM
Stage 2	6:05 PM	5:05 PM	4 PM	9:25 AM	2:25 PM
Stage 3		5:05 PM		9:25 AM	
Stage 4		5:05 PM			
SWIM STROKES (6-12 YEARS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage 1	4:55 PM	5:40 PM	5:10 PM	10 AM	3 PM
Stage 2	4:55 PM	5:40 PM	5:10 PM	10 AM	3 PM
Stage 3	5:30 PM	5:40 PM	5:45 PM	10 AM	4:10 PM
Stage 4	5:30 PM	4:30 PM	4:35 PM	10:35 AM	3:35 PM
Stage 5	5:30 PM	4:30 PM	4:35 PM	10:35 AM	3:35 PM
Stage 6 (45 min)	6 PM	4:40 PM		10:35 AM	
TEEN & ADULT	MON/WED	TUES/THURS	FRI	SAT	SUN
Advanced (Stages 4-6)				10:35 AM	
Pre-Competitive Swimming	MON/WED	TUES/THURS	FRI	SAT	SUN
Aquatic Conditioning (45 Min)	6 PM	4:40 PM		10:35 AM	
ADAPTIVE AQUATICS	MON/WED	TUES/THURS	FRI	SAT	SUN
Adaptive				8:45 AM	

## GROUP LESSON PRICING

Lesson Length	Session Days	Number of Lessons	Lesson Fee
30 Minute lessons	Mon/Wed, Tues/Thurs	8	\$112 FM   \$170 CM
30 Minute lessons	Fri (No lessons 10/31 Halloween)	3	\$42 FM   \$63.75 CM
30 Minute Lessons	Sat, Sun	4	\$56 FM   \$85 CM
30 Minute lessons	ADAPTIVE – SATURDAYS	4	\$32 FM   \$45 CM
45 Minute lessons	Mon/Wed, Tues/Thurs	8	\$170 FM   \$250 CM
45 Minute lessons	Sat	4	\$85 FM   \$125 CM

## UPCOMING SESSIONS: Session 11

Registration opens for Current Students: 10/19

Registration opens for Everyone: 10/22

Session 11 M/W Lesson Dates: 11/3 – 11/25

Session 11 T/Th Lesson Dates: 11/4– 11/25 (No lessons 11/11, and 11/27)

Session 11 Fri Lesson Dates: 11/7 – 11/21

Session 11 Sat Lesson Dates: 11/8 – 11/22

Session 11 Sun Lesson Dates: 11/9 – 11/23