

# GYMNASIUM

## SEPTEMBER 15 - 21

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*
6 am							
7 am							
8 am							
9 am	CLOSED for Senior set up	CLOSED for Senior set up	CLOSED for Senior set up	CLOSED for Senior set up	CLOSED for Senior set up	OPEN GYM*	OPEN GYM*
10 am	FOREVER FIT 10-11:15 am	CHAIR YOGA 10-11:15 am	FOREVER FIT 10-11:15 am	CHAIR YOGA 10-11:15 am	FOREVER FIT 10-11:15 am		
11 am	ADULT BASKETBALL	PICKLE BALL	ADULT BASKETBALL	PICKLE BALL	ADULT BASKETBALL		
Noon	11:15am-1:30pm	11:15am-1:30pm	11:15am-1:30pm	11:15am-1:30pm	11:15am-1:30pm		
1 pm	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM*	OPEN GYM VOLLEYBALL 11am-1 pm
2 pm							PICKLE BALL 1:30pm-3:30 pm
3 pm							FAMILY GYM 3:30 - 5pm
4 pm							
5 pm	YOUTH SPORTS VOLLEYBALL	YOUTH SPORTS VOLLEYBALL	YOUTH SPORTS VOLLEYBALL	YOUTH SPORTS VOLLEYBALL	YOUTH SPORTS VOLLEYBALL 4:30 pm - 6:00		
6 pm	4:30 pm - 9:00	4:30 pm - 9:00	4:30 pm - 9:00	4:30 pm - 9:00	OPEN GYM VOLLEYBALL		
7 pm					OPEN GYM*		
8 pm					6- 9 pm West Gym		

\*The gym is open anytime there is no activity on the schedule.

\*\*For the safety of youth and smaller children, Youth & Family Gym is space reserved for youth 14 and under, or families playing together.