



# EVERETT FAMILY YMCA POOL SCHEDULE

EFFECTIVE SEPTEMBER 8-21, 2025

## Lap Pool – limited lane space available during Swim Lessons and Swim Team

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	LAP SWIM 5:15 am–2:30 pm	LAP SWIM 5:15 am–2:30 pm	LAP SWIM 5:15 am–2:30 pm	LAP SWIM 5:15 am–2:30 pm	LAP SWIM 5:15 am–2:30 pm		*Rec Swim – Only the main body of the Rec Pool will be open
6 am							
7 am						LAP SWIM 7:15 am–1 pm (2–4 lanes)	**Open Swim – All features and areas (river, beach) of the Rec Pool will be open and available
8 am		DEEP WATER FITNESS 7:45–8:30 am (2–3 lanes)		DEEP WATER FITNESS 7:45–8:30 am (2–3 lanes)		MASTERS SWIM 7:30–8:30 am	
9 am							
10 am	SWIM LESSONS 9–10:45 am (1 lane)	SWIM LESSONS 9–10:45 am (1 lane)	SWIM LESSONS 9–10:45 am (1 lane)	SWIM LESSONS 9–10:45 am (1 lane)		SWIM LESSONS 9 am–1 pm (3–4 lanes)	LAP SWIM 10:15 am–1:30 pm (3 lanes)
11 am	SWIM LESSONS 10:45–12:45 pm (3–4 lanes)	SWIM LESSONS 10:45–12:45 pm (3–4 lanes)	SWIM LESSONS 10:45–12:45 pm (3–4 lanes)	SWIM LESSONS 10:45–12:45 pm (3–4 lanes)			SWIM LESSONS 10:15 am–1:30 pm (3 lanes)
Noon							
1 pm							
2 pm						LAP SWIM 1–4:45 pm (6 lanes)	LAP SWIM 1:30–4:45 pm (6 lanes)
3 pm	EPS HIGH SCHOOL SWIM TEAM 2:30–4 pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2:30–4 pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2:30–4 pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2:30–4 pm (no lap lanes available)	EPS HIGH SCHOOL SWIM TEAM 2:30–4 pm (no lap lanes available)		
4 pm	LAP SWIM 4–6 pm (1–2 lanes)	LAP SWIM 4–7:30 pm (1–2 lanes)	LAP SWIM 4–7:30 pm (1–2 lanes)	LAP SWIM 4–7:30 pm (1–2 lanes)			
5 pm	SWIM LESSONS 4–7:30 pm (2–3 lanes)	SWIM LESSONS 4–7:30 pm (2–3 lanes)	SWIM LESSONS 4–7:30 pm (2–3 lanes)	SWIM LESSONS 4–7:30 pm (2–3 lanes)	SWIM TEAM 5–6:30 pm (no lap lanes available)		
6 pm	SWIM TEAM 6–7:30 pm (2–3 lanes)	SWIM TEAM 6–7:30 pm (2–3 lanes)	SWIM TEAM 6–7:30 pm (2–3 lanes)	SWIM TEAM 6–7:30 pm (2–3 lanes)			
7 pm	LAP SWIM 7–8:45 pm (3–6 lanes)	LAP SWIM 7–8:45 pm (1–4 lanes)	LAP SWIM 7:30–8:45 pm (6 lanes)	LAP SWIM 7–8:45 pm (1–4 lanes)	LAP SWIM 6:30–8:45 pm (3 lanes, 6 lanes at 7:30 pm)	SWIM TEAM 6:30–7:30 pm (3 lanes)	
8 pm							

## Recreation Pool – Wristbands needed from Welcome Center for Open Swim, see below

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	ADULT/FAMILY SWIM 5:15–7:45 am	ADULT/FAMILY SWIM 5:15–8:45 am	ADULT/FAMILY SWIM 5:15–7:45 am	ADULT/FAMILY SWIM 5:15–8:45 am	ADULT/FAMILY SWIM 5:15–7:45 am		*Rec Swim – Only the main body of the Rec Pool will be open
6 am							
7 am						REC SWIM* 7:15–8:45 am	**Open Swim – All features and areas (river, beach) of the Rec Pool will be open and available
8 am	WATER FITNESS 7:45–8:45 am		WATER FITNESS 7:45–8:45 am		WATER FITNESS 7:45–8:45 am		
9 am	REC SWIM* 9:45 am–12:15 pm	REC SWIM* 9:45–11:15 am	REC SWIM* 9:45 am–12:15 pm	REC SWIM* 9:45–11:15 am	REC SWIM* 8:45–9:30 am	SWIM LESSONS 9 am–12:45 pm	
10 am					REC SWIM* 9:45–11:30 am		OPEN SWIM** 10:15–11:45 am
11 am		WATER FITNESS 11:15 am–12:15 pm		WATER FITNESS 11:15 am–12:15 pm			
Noon	OPEN SWIM** 12:30–1:30 pm	OPEN SWIM** 12:45–1:30 pm	OPEN SWIM** 12:30–1:30 pm	OPEN SWIM** 12:45–1:30 pm	OPEN SWIM** Noon–2:30 pm		OPEN SWIM** Noon–1:30 pm
1 pm						OPEN SWIM** 12:45–2 pm	
2 pm	OPEN SWIM** 1:45–2:45 pm	OPEN SWIM** 1:45–2:45 pm	OPEN SWIM** 1:45–2:45 pm	OPEN SWIM** 1:45–2:45 pm	OPEN SWIM** 2:45–4:45 pm	OPEN SWIM** 2:15–3:30 pm	OPEN SWIM** 1:45–3:15 pm
3 pm	OPEN SWIM** 3–4 pm	OPEN SWIM** 3–4 pm	OPEN SWIM** 3–4 pm	OPEN SWIM** 3–4 pm		OPEN SWIM** 3:45–4:45 pm	OPEN SWIM** 3:30–4:45 pm
4 pm	SWIM LESSONS 4–7 pm	SWIM LESSONS 4–7 pm	SWIM LESSONS 4–7 pm	SWIM LESSONS 4–7 pm			
5 pm					OPEN SWIM** 5–6:45 pm		
6 pm							
7 pm	OPEN SWIM** 7–8:45 pm	OPEN SWIM** 7–8:45 pm	OPEN SWIM** 7–8:45 pm	OPEN SWIM** 7–8:45 pm	OPEN SWIM** 7–8:45 pm		
8 pm							

Open/Rec Swims require a wristband from the Welcome Center and will be available an hour prior to the swim session until we reach capacity on a first come, first served basis (*non-school times may impact daytime open swims*). Priority for Lane 6 for individuals that need to use the stairs or lift to enter and exit the pool. Swim Lessons and Swim Team require registration. Please note open swim times and availability on the schedule, the pool is periodically closed for routine cleaning (black unlabeled blocks).



# EVERETT FAMILY YMCA POOL SCHEDULE

EFFECTIVE SEPTEMBER 8-21, 2025

## The River

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 7:15 - 8:45 am	*Rec Swim - Only the main body of the Rec Pool will be open  **Open Swim - All features and areas (river, beach) of the Rec Pool will be open and available
6 am							
7 am							
8 am							
9 am	RIVER WALKING 9:45am - 12:15 pm (wristband required)	RIVER WALKING 9:45 am - 12:30 pm	RIVER WALKING 9:45am - 12:15 pm (wristband required)	RIVER WALKING 9:45 am - 12:30 pm	RIVER WALKING 9:45 - 11:30 am (wristband required)	RIVER WALKING 9 am - 12:15 pm (wristband required)	OPEN SWIM** 10:15 - 11:45 am
10 am							
11 am							
Noon							
1 pm	RIVER WALKING 12:30-1:30pm (wristband required)	RIVER WALKING 12:45-1:30pm (wristband required)	RIVER WALKING 12:30-1:30pm (wristband required)	RIVER WALKING 12:45-1:30pm (wristband required)	OPEN SWIM** Noon-2:30 pm	OPEN SWIM** 12:45-2 pm	OPEN SWIM** Noon-1:30 pm
2 pm	RIVER WALKING 1:45-2:45pm (wristband required)	RIVER WALKING 1:45-2:45pm (wristband required)	RIVER WALKING 1:45-2:45pm (wristband required)	RIVER WALKING 1:45-2:45pm (wristband required)			
3 pm	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	OPEN SWIM** 2:45-4:45 pm	OPEN SWIM** 2:15-3:30 pm	OPEN SWIM** 1:45-3:15 pm
4 pm	RIVER WALKING 4:15 - 6:45 pm (wristband required)	RIVER WALKING 4:15 - 6:45 pm (wristband required)	RIVER WALKING 4:15 - 6:45 pm (wristband required)	RIVER WALKING 4:15 - 6:45 pm (wristband required)			
5 pm	OPEN SWIM** 7-7:45pm	OPEN SWIM** 7-7:45pm	OPEN SWIM** 7-7:45pm	OPEN SWIM** 7-7:45pm	OPEN SWIM** 5-6:45 pm	OPEN SWIM** 3:45-4:45 pm	OPEN SWIM** 3:30-4:45 pm
6 pm							
7 pm							
8 pm							

## The Beach

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am							*Rec Swim - Only the main body of the Rec Pool will be open  **Open Swim - All features and areas (river, beach) of the Rec Pool will be open and available
6 am							
7 am							
8 am							
9 am							OPEN SWIM** 10:15 - 11:45 am
10 am							
11 am							
Noon							
1 pm		PRESCHOOL BEACH SWIM 11 am - 12:30 pm		PRESCHOOL BEACH SWIM 11 am - 12:30 pm	OPEN SWIM** Noon-2:30 pm	OPEN SWIM** 12:45-2 pm	OPEN SWIM** Noon-1:30 pm
2 pm							
3 pm					OPEN SWIM** 2:45-4:45 pm	OPEN SWIM** 2:15-3:30 pm	OPEN SWIM** 1:45-3:15 pm
4 pm							
5 pm	OPEN SWIM** 7-8:45pm	OPEN SWIM** 7-8:45pm	OPEN SWIM** 7-8:45pm	OPEN SWIM** 7-8:45pm	OPEN SWIM** 5-6:45 pm	OPEN SWIM** 3:45-4:45 pm	OPEN SWIM** 3:30-4:45 pm
6 pm							
7 pm							
8 pm							

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