

POOL SCHEDULE

EFFECTIVE SEPTEMBER 8-21, 2025

Lap Pool - limited lane space available during Swim Lessons and Swim Team

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	LAP SWIM	LAP SWIM	LAP SWIM 5:15 am-4 pm	LAP SWIM 5:15 am-4 pm	LAP SWIM		*Rec Swim - Only the main body of the
6 am	5:15 am-4 pm	5:15 am-4 pm 5:15 am-4 pm		5:15 am-4 pm	5:15 am-5 pm		Rec Pool will be
7 am						LAP SWIM 7:15am- 7:30-	**Open Swim - All
8 am		DEEP WATER FITNESS 7:45-8:30 am	SWIM LESSONS	DEEP WATER FITNESS 7:45-8:30 am (2-3 lanes) SWIM		1 pm 8:30am (2-4 lanes)	features and areas (river, beach) of the Rec Pool will be open and available
9 am	SWIM LESSONS	(2-3 lanes) SWIM LESSONS					
10 am	9-10:45a (1 lane)		9-10:45am (1 lane)	LESSONS 9-10:45am (1 lane)		9am-1pm (3-4 lanes)	LAP SWIM
11 am	SWIM LESSONS 10:45-	SWIM LESSONS 10:45-	SWIM LESSONS 10:45-	SWIM LESSONS 10:45-			SWIM 10:15am- 1:30pm (3 lanes)
Noon	12:45pm (3-4 lanes		12:45pm (3-4 lanes)	12:45pm (3-4 lanes)			10:15 am -1:30 pm
1 pm						LAP SWIM	(3 lanes)
2 pm	EPS HIGH SCHOOL	EPS HIGH SCHOOL SWIM TEAM	EPS HIGH SCHOOL SWIM TEAM	EPS HIGH SCHOOL SWIM TEAM	EPS HIGH SCHOOL SWIM TEAM	1 -4:45 pm	LAP SWIM
3 pm	2-4pm (no lap lanes available)	2-4pm (no lap lanes available)	2-4pm (no lap lanes available)	2-4pm (no lap lanes available)	2-4pm (no lap lanes available)	(6 Ianes)	1:30 -4:45 pm (6 lanes)
4 pm	LAP SWIM SWIM LESSON:	LAP SWIM SWIM LESSONS	LAP SWIM SWIM LESSONS	LAP SWIM SWIM	Control of the Contro		
5 pm	4-7:30pm (1-2 lanes) 4-7:30p (2-3 lane		4-7:30pm (1-2 lanes) 4-7:30pm (2-3 lanes)	4-7:30pm (1-2 lanes) 4-7:30pm (2-3 lanes)	SWIM TEAM 5-6:30pm		
6 pm	SWIM TEA 6-7:30p (2-3 lane	5-7:30pm (2-3 lanes)	SWIM TEAM 5-7:30pm (2-3 lanes)	SWIM TEAM 6-7:30pm (2-3 lanes)	(no lap lanes available) LAP SWIM SWIM TEAM		
7 pm	LAP SWIM 7:30-8:45pm	7:30- 8:45pm (4 lanes) MASTERS SWIM 7:30- 8:30pm	LAP SWIM 7:30-8:45pm	7:30- MASTERS SWIM 7:30- (4 lanes) 9:30pm	6:30- 6:30- 7:30pm (3 lanes)		
8 pm	(6 lanes)	(4 lanes) 8:30pm (2 lanes)	(6 lanes)	(4 lanes) 8:30pm (2 lanes)	(3 lanes, 6 lanes at 7:30pm)		

Recreation Pool - Wristbands needed from Welcome Center for Open Swim, see below

	Monday		Tuesday	Wedn	esday	Thursday	Friday	Saturday	Sunday
5 am	ADULT/FAMILY SWIM		ADULT/FAMILY SWIM	ADULT/FAMILY SWIM		ADULT/FAMILY SWIM	ADULT/FAMILY SWIM		*Rec Swim - Only the main body of the
6 am	5:15-7:45 am		5:15-8:45 am	5:15-7	7:45 am	5:15-8:45 am	5:15-7:45 am		Rec Pool will be open
7 am								REC SWIM*	**Open Swim – All
8 am	WATER FITNESS 7:45-8:45 am			WATER FITNESS 7:45-8:45 am			WATER FITNESS 7:45–8:45 am	7:15-8:45am	features and areas (river, beach) of the Rec Pool will be
9 am	REC SWIM*	SWIM LESSONS	REC SWIM* 9:45-11:15am	REC SWIM*	SWIM LESSONS	REC SWIM* 9:45-11:15am	REC SWIM* 8:45-9:30am	SWIM LESSONS 9am-12:45pm	open and available
10 am	9:45am- 12:15pm	9:45am- 12:15pm		9:45am- 12:15pm	9:45am- 12:15pm		REC SWIM* 9:45-11:30am		OPEN SWIM** 10:15 - 11:45 am
11 am			WATER FITNESS 11:15 am-12:15 pm			WATER FITNESS 11:15 am-12:15 pm			OPEN SWIM**
Noon	0.000					ODEN CHANGE	OPEN SWIM**		Noon-1:30 pm
1 pm	OPEN SWIM** 12:30-1:30pm		OPEN SWIM** 12:45-1:30pm	OPEN SWIM** 12:30-1:30pm		OPEN SWIM** 12:45-1:30pm	Noon-2:30pm	OPEN SWIM** 12:45-2 pm	OPEN SWIM**
2 pm	OPEN SWIM** 1:45-2:45 pm		OPEN SWIM** 1:45-2:45 pm	OPEN SWIM** 1:45-2:45 pm		OPEN SWIM** 1:45-2:45 pm	OPEN SWIM**	OPEN SWIM**	1:45-3:15 pm
3 pm	OPEN SWIM**		OPEN SWIM**		SWIM**	OPEN SWIM**	2:45-4:45 pm	2:15-3:30 pm	
	3-4 pm		3-4 pm		pm	3-4 pm		OPEN SWIM**	OPEN SWIM** 3:30-4:45 pm
4 pm	SWIM LESSONS		SWIM LESSONS	SWIM L	ESSONS	SWIM LESSONS		3:45-4:45 pm	3:30-4:43 piii
5 pm	4-	7 pm	4-7 pm	4-7	7 pm	4-7 pm	OPEN SWIM**		
6 pm							5-6:45 pm		
7 pm		SWIM**	OPEN SWIM**		SWIM**	OPEN SWIM**	OPEN SWIM**		
8 pm	7-8:	45pm	7-8:45pm	7-8:	45pm	7-8:45pm	7-8:45pm		

Open/Rec Swims require a wristband from the Welcome Center and will be available an hour prior to the swim session until we reach capacity on a first come, first served basis (non-school times may impact daytime open swims). Priority for Lane 6 for individuals that need to use the stairs or lift to enter and exit the pool. Swim Lessons and Swim Team require registration. Please note open swim times and availability on the schedule, the pool is periodically closed for routine cleaning (black unlabeled blocks).



OPEN SWIM**

7 pm

8 pm

OPEN SWIM**

POOL SCHEDULE

EFFECTIVE SEPTEMBER 8-21, 2025

The River								
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am	RIVER WALKING 5:15 - 9:30 am		*Rec Swim - Only the main body of	
6 am	3:13 - 3:30 am	3.13 - 3.30 am		the Rec Pool will be open				
7 am						RIVER WALKING	**Open Swim - All	
8 am						7:15 - 8:45 am	features and areas (river, beach) of the	
9 am						RIVER WALKING	Rec Pool will be open and available	
10 am	RIVER WALKING 9:45am - 12:15 pm	RIVER WALKING 9:45 am - 12:30 pm	RIVER WALKING 9:45am - 12:15 pm	RIVER WALKING 9:45 am - 12:30 pm	RIVER WALKING 9:45 - 11:30 am (wristband required)	9 am - 12:15 pm (wristband required)	OPEN SWIM** 10:15 - 11:45 am	
11 am	(wristband required)		(wristband required)				OPEN SWIM**	
Noon	RIVER WALKING 12:30-1:30pm (wristband required)	RIVER WALKING 12:45-1:30pm (wristband required)	RIVER WALKING 12:30-1:30pm (wristband required)	RIVER WALKING 12:45-1:30pm (wristband required)	OPEN SWIM** Noon-2:30 pm	OPEN SWIM**	Noon-1:30 pm	
1 pm	RIVER WALKING 1:45-2:45pm	RIVER WALKING 1:45-2:45pm	RIVER WALKING 1:45-2:45pm	RIVER WALKING 1:45-2:45pm		12:45-2 pm	OPEN SWIM**	
2 pm	(wristband required)	(wristband required)	(wristband required)	(wristband required)	OPEN SWIM**	OPEN SWIM** 2:15-3:30 pm	1:45-3:15 pm	
3 pm	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	RIVER WALKING 3-4pm (wristband required)	2:45-4:45 pm	OPEN SWIM**	OPEN SWIM**	
4 pm	RIVER WALKING	RIVER WALKING	RIVER WALKING	RIVER WALKING		3:45-4:45 pm	3:30-4:45 pm	
5 pm	4:15 - 6:45 pm	4:15 - 6:45 pm	4:15 - 6:45 pm	4:15 - 6:45 pm	OPEN SWIM**			
6 pm	(wristband required)	(wristband required)	(wristband required)	(wristband required)	5-6:45 pm			

OPEN SWIM*

OPEN SWIM**

7-8:45pm

OPEN SWIM**

The Beach									
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
5 am							*Rec Swim - Only		
6 am							the main body of the Rec Pool will be open		
7 am							**Open Swim - All		
8 am							features and areas (river, beach) of the		
9 am							Rec Pool will be open and available		
10 am							OPEN SWIM** 10:15 - 11:45 am		
11 am		PRESCHOOL BEACH SWIM		PRESCHOOL BEACH SWIM			OPEN SWIM**		
Noon		11 am - 12:30 pm		11 am - 12:30 pm	OPEN SWIM** Noon-2:30 pm	OPEN SWIM**	Noon-1:30 pm		
1 pm					113011 2130 pill	12:45-2 pm	OPEN SWIM**		
2 pm						OPEN SWIM**	1:45-3:15 pm		
3 pm					OPEN SWIM**	2:15-3:30 pm	OPEN SWIM**		
4 pm					2:45-4:45 pm	OPEN SWIM** 3:45-4:45 pm	3:30-4:45 pm		
5 pm					OPEN SWIM**				
6 pm					5-6:45 pm				
7 pm	OPEN SWIM**	OPEN SWIM**	OPEN SWIM**	OPEN SWIM**	OPEN SWIM**				
8 pm	7-8:45pm	7-8:45pm	7-8:45pm	7-8:45pm	7-8:45pm				

Open/Rec Swims require a wristband from the Welcome Center and will be available an hour prior to the swim session until we reach capacity on a first come, first served basis (non-school times may impact daytime open swims). Priority for Lane 6 for individuals that need to use the stairs or lift to enter and exit the pool. Swim Lessons and Swim Team require registration. Please note open swim times and availability on the schedule, the pool is periodically closed for routine cleaning (black unlabeled blocks).