

# GYM SCHEDULE

July 28– August 22

MONROE/SKY VALLEY FAMILY YMCA

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY                         | SUNDAY                            |
|---|---|---|---|---|----------------------------------|-----------------------------------|
| OPEN GYM<br>5 AM<br>–<br>7 AM                         | OPEN GYM<br>5 AM<br>–<br>9:00 AM                      | OPEN GYM<br>5 AM<br>–<br>7 AM                         | OPEN GYM<br>5 AM<br>–<br>9 AM                         | OPEN GYM<br>5 AM<br>–<br>7 AM                         |                                  |                                   |
| PICKLEBALL<br>7 AM<br>–<br>9 AM                       | SUMMER CAMP<br>Side 2<br>Closed<br>9 AM<br>–<br>4 PM  | PICKLEBALL<br>7 AM<br>–<br>9 AM                       | SUMMER CAMP<br>Side 2<br>Closed<br>9 AM<br>–<br>4 PM  | PICKLEBALL<br>7 AM<br>–<br>9 AM                       |                                  |                                   |
| SUMMER CAMP<br>Side 2<br>Closed<br>9 AM<br>–<br>4 PM  | ZUMBA<br>9:15 Am–<br>10:30 AM<br>Side 1               | SUMMER CAMP<br>Side 2<br>Closed<br>9 AM<br>–<br>4 PM  | Open GYM<br>Side 1<br>9 AM<br>–<br>10:30 AM           | SUMMER CAMP<br>Side 2<br>Closed<br>9 AM<br>–<br>4 PM  | Open<br>Gym<br>7 AM<br>–<br>5 PM | PICKLEBALL<br>10 AM<br>–<br>12 PM |
| Open<br>GYM<br>Side 1<br>9 AM<br>–<br>5 PM            | Forever Fit<br>10:30 Am<br>–<br>12 PM<br>Side 1       | Open<br>GYM<br>Side 1<br>9 AM<br>–<br>5 PM            | Forever Fit<br>10:30 AM<br>–<br>12 PM<br>Side 1       | Open<br>GYM<br>Side 1<br>9 AM<br>–<br>5 PM            |                                  | OPEN GYM<br>12 PM<br>–<br>5 PM    |
| Youth Sports<br>5:00 PM<br>–<br>9 PM<br>Both<br>Sides | Youth Sports<br>5:00 PM<br>–<br>9 PM<br>Both<br>Sides | Youth Sports<br>5:00 PM<br>–<br>9 PM<br>Both<br>Sides | Youth Sports<br>5:00 PM<br>–<br>9 PM<br>Both<br>Sides | Youth Sports<br>5:00 PM<br>–<br>9 PM<br>Both<br>Sides |                                  |                                   |

Open Gym / Family Gym any time there is not a scheduled activity, net sports not available during this time.  
Please allow for up to 15 minutes for set up & clean up for scheduled classes/programs.