GYM SCHEDULE July 7-31 Monroe/sky valley family ymca

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
5 AM	5 AM	5 AM	5 AM	5 AM		
- 7 AM	- 9:00 AM	- 7 AM	- 9 AM	- 7 AM		
PICKLEBALL	SUMMER CAMP	PICKLEBALL	SUMMER	PICKLEBALL		
7 AM	Side	7 AM	САМР	7 AM		
-	2		Side 2	-		
9 AM	Closed 9 AM	9 AM	Closed	9 AM		
	4 PM		9 AM 4 PM			
SUMMER CAMP		SUMMER CAMP	4 PM	SUMMER CAMP	Open	
Side 2	ZUMBA	Side 2	Open GYM Side 1	Side 2	Gym	
2 Closed	9:15 Am- 10:30 AM Side	Closed	9 AM	Closed	7 AM	PICKLEBALL 10 AM
9 AM	1	9 AM	10:30 AM	9 AM	_	- 12 PM
4 P M	Forever	4 PM	Forever Fit	4 PM	5 PM	
Open	Forever Fit 10:30 Am	Open	10:30 AM		5111	
GYM		GYM		Open		
Side 1	Side 1	Side 1		GYM		OPEN GYM
9 AM	Open GYM	9 AM	Open GYM	Side 1		12 PM -
- 4:45 PM	Side 1	- 4:45 PM	Side 1	9 AM		5 PM
Vouth Croste	12 PM		12 PM	- 4 PM		
Youth Sports 4:45 PM	- 4:45 PM	Youth Sports 4:45 PM	4:45 PM			
- 7 PM	Youth Sports	- 7 PM	Youth Sports 4:45 PM			
Both Sides	4:45 PM - 8 PM	Both Sides	– 8 PM Both Sides			
0.555	Both Sides	Onen		Open		
Open	Open	Open	Open	GYM		
GYM	GYM	GYM	GYM	FULL		
Full GYM	Full GYM	Full GYM	Full GYM	4 PM		
7 PM -	8 PM -	7 PM -	8 PM -	9 PM		
9 PM	9 PM	9 PM	9 PM			

Open Gym / Family Gym any time there is not a scheduled activity, net sports not available during this time. Please allow for up to 15 minutes for set up & clean up for scheduled classes/programs.



