



SESSION 7

Stanwood- Camano YMCA *AQUATICS*

SWIM OPPORTUNITIES

Group swim lessons
Private swim lessons
Barracudas swim team



REGISTER TODAY AT YMCA-SNOCO.ORG

Stanwood-Camano YMCA SWIM LESSONS

Session 7: July 7 – August 3

Priority Registration: June 8



SWIM STARTERS (6-36 MONTHS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage A & B Supervising individual required in the water	6:05 PM	4:30 PM		9:25 AM	4:10 PM

SWIM BASICS (3-5 YEARS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage 1	6:05 PM	5:05 PM	4 PM	9:25 AM	2:25 PM
Stage 2	6:05 PM	5:05 PM	4 PM	9:25 AM	2:25 PM
Stage 3		5:05 PM		9:25 AM	
Stage 4		5:05 PM			

SWIM STROKES (6-12 YEARS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage 1	4:55 PM	5:40 PM	5:10 PM	10 AM	3 PM
Stage 2	4:55 PM	5:40 PM	5:10 PM	10 AM	3 PM
Stage 3	5:30 PM	5:40 PM	5:45 PM	10 AM	4:10 PM
Stage 4	5:30 PM	4:30 PM	4:35 PM	10:35 AM	3:35 PM
Stage 5	5:30 PM	4:30 PM	4:35 PM	10:35 AM	3:35 PM
Stage 6 (45 min)	6 PM	4:40 PM		10:35 AM	

Pre-Competitive Swimming	MON/WED	TUES/THURS	FRI	SAT	SUN
Aquatic Conditioning (45 Min)	6 PM	4:40 PM		10:35 AM	

TEEN & ADULT	MON/WED	TUES/THURS	FRI	SAT	SUN
Advanced (Stages 4-6)				10:35 AM	

ADAPTIVE AQUATICS	MON/WED	TUES/THURS	FRI	SAT	SUN
Adaptive				8:45 AM	

GROUP LESSON PRICING

Lesson Length	Session Days	Number of Lessons	Lesson Fee
30 Minute lessons	Mon/Wed, Tues/Thurs	8	\$112 FM \$170 CM
30 Minute lessons	Fri, Sat, Sun	4	\$56 FM \$85 CM
30 Minute lessons	ADAPTIVE - SATURDAYS	4	\$32 FM \$45 CM
45 Minute lessons	Mon/Wed, Tues/Thurs	8	\$170 FM \$250 CM
45 Minute lessons	Fri, Sat, Sun	4	\$85 FM \$125 CM

UPCOMING SESSIONS:

Registration opens for Current Students 7/20

Registration opens for Everyone 7/23

Session 8 M/W Lesson Dates: 8/4 – 8/27

Session 8 T/Th Lesson Dates: 8/5 – 8/28

Session 8 Fri Lesson Dates: 8/8 – 8/22

Session 8 Sat Lesson Dates: 8/9 – 8/23

AM Session 3 M/T/W/Th Lesson Dates: 8/4 – 8/14

AM Session 4 M/T/W/Th Lesson Dates: 8/18 – 8/28