



# YOUTH SPORTS

## Year-At-A-Glance

### 2024

SPORT	SEASON	AGE/GRADE	REG. PERIOD
<b>Basketball</b>	Jan. 13-Feb. 17	Age 3-4	Nov. 1-Dec. 31
<b>NFL Flag Football</b>	Mar. 4-May 11	Age 5-15	Dec. 1-Feb. 11
<b>Volleyball</b>	Mar. 18-May 18	Grade 3-12	Dec. 1-Feb. 25
<b>Basketball</b>	Apr. 8-Jun. 8	Age 5-Grade 9	Jan. 15-Mar. 10
<b>Outdoor Soccer</b>	May 11-Jun. 15	Age 3-4	Jan. 15-Apr. 14
<b>Outdoor Soccer</b>	Apr. 15-Jun. 15	Age 5-12	Jan. 15-Mar. 17
<b>Summerball</b>	Jun. 10-Jul. 25	Age 3-8	Mar. 1-May 19
<b>Basketball</b>	Jul. 8-Aug. 22	Grade 3-9	Apr. 1-Jun. 16
<b>Outdoor Soccer</b>	Sep. 7-Oct. 12	Age 3-4	Jun. 1-Aug. 18
<b>Outdoor Soccer</b>	Sep. 3-Oct. 26	Age 5-12	Jun. 1-Aug. 11
<b>Volleyball</b>	Sep. 9-Nov. 16	Grade 3-12	Jun. 1-Aug. 11
<b>NFL Flag Football</b>	Sep. 3-Nov. 9	Age 5-15	Jun. 1-Aug. 11
<b>Indoor Soccer</b>	Nov. 1-Dec. 21	Age 3-12	Sep. 1-Oct. 13
<b>Basketball</b>	Nov. 25-Mar. 1	Age 5-Grade 10	Aug. 1-Nov. 1

Volunteers coaches needed! Please visit,  
[ymca-snoco.org/volunteer](https://ymca-snoco.org/volunteer)

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